

Power of Personal Story Workshops

There is an undeveloped resource within many individuals and their organizations, the power of personal story. With the right facilitation these stories can shed new light on our colleagues and draw our communities and organizations together. It can inspire younger generations to learn from their elders and mentors, and inspire and connect colleagues on new levels.

Everyone has a story. If we ask the right questions it's amazing the stories that come out, the experiences we can learn from, the connections we can make.

In this 60- 150 minute session, participants will

- be inspired, intrigued and entertained
- be listened to
- get to know colleagues in a relaxed atmosphere
- become more connected to the group
- begin to look at clients, colleagues and friends in a fresh way
- learn new communication and questioning skills
- become more aware of their own story
- make new connections and see ways to extend these techniques to almost every aspect of their lives
- wish the session was longer.
- extend their network

'I really enjoyed hearing people share stories and feelings that I could identify with. Even though I hadn't spoken, I felt connected. '

"It is great just to be open to learning, to just be open.'

'Questions open up people and reveal more than what the question asked.'

Christopher Bowers is a stor catcher and the executive director of Community School Interviews

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